

## Guidelines for Dismissals @ Westows

All dismissals will now carry a penalty point value as well suspension for the individual.

If a team goes over the amount stated in a season, that team will have points deducted as per the chart below.

Any offences not covered - Punishment will be awarded at the discretion of the disciplinary committee

All individuals have the right to appeal against any disciplinary sanction.

This must be done in writing to the Football Manager within 7 days of the date on the disciplinary sanction

The appeal must be in writing or by e-mail

<u>Offence</u>		<u>Suspension</u>	<u>Team Penalty Points</u>
Assault causing serious bodily harm	(Referee)	Life Ban	20
Assault causing or attempting to cause bodily harm	(Referee)	Sine Die No review for 1 year	15
Common Assault by spitting	(Referee)	26 - 52 weeks	15
Common Assault	(Referee)	20 - 26 weeks	10
Head Butting		14 - 18 weeks	7
Causing a match to be abandoned		12 - 18 weeks	5
Spitting or unseemingly behaviour directed at opponent or another person		16 - 22 weeks	4
Head to Head Contact		4 - 8 weeks	4
Refusing to leave the field of play when ordered to do so		4 - 8 weeks	4
Serious Foul Play		3 - 7 weeks	4
Violent Conduct		3 - 7 weeks	4
Kicking or striking another opponent		3 - 7 weeks	4
Use of offensive, insulting or abusive language or gestures at referee		3 - 7 weeks	4
Refusing to give name or giving a false name		3 - 7 weeks	3
Attempting to kick or strike an opponent		1 - 5 weeks	3
Denying a goal scoring opportunity		1 - 3 weeks	2
Receiving a second caution in a match		1 - 2 weeks	2
2 Cautions in a season		1 - 2 weeks	1
All Cautions			1

## Points allowance per team per season

**10 points accrued = 2 points deducted**

**20 points accrued = 4 points deducted**

**25 points accrued = team withdrawn from league**